



Suicide Prevention Efforts

Adi's Act

Adi's Act – Senate Bill 52

- Named after Adi Staub, a young girl who died by suicide in 2017, after struggling at her school after coming out as transgender
- Requires school districts to plan how to address and prevent suicides among students

Suicide Data: Oregon



Suicide is a public health problem and leading cause of death in the United States. Suicide can also be prevented – more investment in suicide prevention, education, and research will prevent the untimely deaths of thousands of Americans each year. Unless otherwise noted, this fact sheet reports 2019 data from the CDC, the most current verified data available at time of publication (January 2021).

8th leading cause of death in Oregon

2nd leading

cause of death for ages 10-44

4th leading

cause of death for ages 45-54

8th leading

cause of death for ages 55-64

13th leading

cause of death for ages 65 & older

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Oregon	906	20.25	10
Nationally	47,511	13.93	

See full list of citations at afsp.org/statistics.

76.7% of communities did not have enough mental health providers to serve residents in 2020, according to federal guidelines.

Over five times as many people died by suicide in 2019 than in alcohol related motor vehicle accidents.

The total deaths to suicide reflected a total of 17,321 years of potential life lost (YPLL) before age 65.

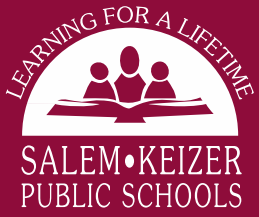
82.33% of firearm deaths were suicides.

51.43% of all suicides were by firearms.

Supporting At-Risk LGBTQIA+ Students

In Oregon:

- Nearly half of lesbian, gay or bisexual 8th graders have contemplated suicide.
- Close to a quarter of lesbian, gay or bisexual 8th graders have attempted suicide.
- Almost a third of transgender 8th graders have attempted suicide.



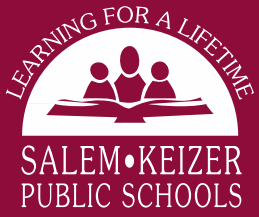
Suicide Prevention Programming

Training: QPR Training – All Staff

Curriculum: K12 Curriculum – *Character Strong, Sources of Strength*

Protocols: Level 1 & Level 2 Protocols with Wrap-around Services

Community Partnerships: Local Health, Human & Mental Health Services



Student Services and Supports

- School counselors – 113
- School psychologists – 11
- Licensed therapists – 27 schools
- Number of social workers – 19
- Numerous mental health partnerships: all 65 schools served by four community health partners

Suicide Prevention Protocol

When concerns for suicidal ideation are reported

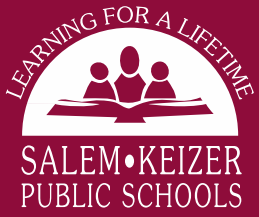
Level 1:

School-based response

- Student interview and addendums
- Parent interview/notification
- Safety and support planning when concerns have been identified
- Determination of need for additional support, potential Level 2

Level 2:

- Community-based response by MCYFCS or Polk County Behavioral Health
- Additional student interview
- Collaboration with student, parent, and school staff to do safety and support planning



SPP Interviews – Timeline

2021/2022 (October 18, 2021)

- Secondary: 100 Elementary: 37

2020/2021

- Secondary: 535 Elementary: 77

2019/2020

Data unavailable

2018-19:

- Level 1: 1105 Secondary: 723 Elementary: 382
- Level 2: 83

2017-18 (partial-year): February 2018 – June 2018

- Level 1: 327



Connection to Community Resources

Community Partnerships

- Marion County Youth and Family Crisis Services
- Polk County Mental Health
- Salem Health
- Incite Agency for Change assists in providing QPR trainings to district staff
- YouthLines
- Lines for Life with QPR Collaborative
- Matchstick Consulting supports Sources of Strength Collaborative
- Mental health partnerships (Marion County CBH, Polk County Behavioral Health, Trillium Family Services, and Stronger Oregon)
- Mid-Valley Suicide Prevention Coalition (organizations across the lifespan)
- Crisis info on the back of secondary student ID cards

