

# Waalidiinta, ha u oggolaanina in ilmahiina laga tago!

## Sanad Dugsiyeedka 2022-2023



Sharciga Oregon ayaa u baahan irbadaha/tallaalada soo socda ee loogu talagalay dugsiya iyo qayb qaadashada daryeelka carruurta\*

Ilme da'diisu tahay 2-17 oo gelaya  
**Daryeelka Carruurta ama**  
**Waxbarashada Hore**  
baahi u qaba\*

Kala xiriir barmaamijka ilmahaaga ama daryeel caafimaad bixiyahaaga tallaalada loo baahan yahay

Ilme da'diisu tahay 18 ama ka weyn oo gelaya **Dugsiya hortii,**  
**Daryeelka Carruurta, ama**  
**Head Start** baahi u qaba\*

4 Diphtheria/Tetanus/Pertussis (DTaP)  
3 Dabaysha 'Polio'  
1 Varicella (busbuska)  
1 Jadeecada/Qaamo-qashiirka/Jadeeco Jarmalka 'Rubella' (MMR)  
3 Cagaarshowga B  
2 Cagaarshowga A  
3 ama 4 Hib

Ardayga gelaya  
**Kindergarten ama**  
**Fasallada 1-6** baahi u qaba\*

5 Diphtheria/Tetanus/Pertussis (DTaP)  
4 Dabaysha 'Polio'  
1 Varicella (busbuska)  
2 MMR ama 2 Jadeecada 1 Qaamo-qashiirka, 1 /Jadeeco Jarmalka 'Rubella'  
3 Cagaarshowga B  
2 Cagaarshowga A

Ardayga gelaya  
**Fasallada 7-12** baahi u qaba\*

5 Diphtheria/Tetanus/Pertussis (DTaP)  
1 Tdap  
4 Dabaysha 'Polio'  
1 Varicella (busbuska)  
2 MMR ama 2 Jadeecada 1 Qaamo-qashiirka, 1 /Jadeeco Jarmalka 'Rubella'  
3 Cagaarshowga B  
2 Cagaarshowga A

*\*Da' kasta iyo heerarka fasal oo dhan, tirada qiyaasta daawadu 'doses' way kala duwan tahay marka la eego da'da ilmaha iyo muddada hore la isku soo tallaalay. Tallaalo kale ayaa la iskula talin karaa. Iska reebitaan/dhaafitaan ayaa sidoo kale la helayaa. Kala xiriir dugsiya ilmahaaga, daryeelka carruurta ama daryeel caafimaad bixiyaha wixii faahfaahinta.*