

[MENTAL HEALTH ADDICTION SERVICES](#)

Alcoholics Anonymous 503-399-0599
AA-Salem.com
687 Cottage St NE
Support to maintain sobriety

Bridgeway 503-363-2021
bridgewayrecovery.com
3325 Harold Dr NE
Alcoholism information and treatment center, bilingual services

Marion County Health Department 503-576-4660
co.marion.or.us
2035 Davcor St SE
Alcohol and drug assessment, treatment services, counseling

New Directions Behavioral Health 503-364-9957
ndbh.com
3737 Portland Rd NE
Outpatient alcohol and drug treatment for youth

Recovery Outreach Community Center 503-393-4273
rocbsalem.org
2555 Silvertown Rd NE Suite C
Drop-in center, mental health and addiction support by peers

[BABY AND FAMILY SERVICES](#)

Birth Right of Salem 503-585-2273
birthrightofsalem.org
1880 Lancaster Dr NE #124
Diapers, maternity and baby clothing, free pregnancy tests
Mon, Tues, Thurs, Fri 10:00 a.m. - 1:00 p.m., Wed until 4:00 p.m.

Catholic Community Services- Safe Families for Children
ccswv.org 503-580-4672
Respite care in host homes for children whose family is in crisis. No restriction of parental rights; contact with children is encouraged

Childcare Resource and Referral 503-585-2491
familybuildingblocks.org
2475 Center St NE
Childcare resources for Marion, Polk, and Yamhill counties
Mon - Fri 8:00 a.m. - 5:00 p.m.

Family Building Blocks
Chelsea's Place- 2425 Lancaster Dr NE 503-566-2132
Gracie's Place- 1135 Edgewater St NW 503-363-3057
For families with children 6 weeks - 5 years old, respite care, early childhood education, clothes, food pantry, and family support

Marion County Women, Infants and Children (WIC)
co.marion.or.us 503-588-5057
1660 Oak St SE
Provides supplemental food, food vouchers, nutrition education, referrals to health services, and counseling
Mon - Fri 8:30 a.m. - 5:00 p.m., Tues & Wed until 7:00 p.m.

Michael the Archangel 503-581-2229
mtasalem.org
1725 Capitol St NE
Support services for mothers and children, diapers, formula, baby food, children & maternity clothes, free pregnancy tests
Mon, Wed 1:00 p.m. - 3:00 p.m., Thurs/Fri 11:30 a.m. - 2:30 p.m.

[EARLY CHILDHOOD EDUCATION](#)

Confederated Tribes of Siletz Head Start 503-393-6942
3960 Chemawa Rd SE
Early Head Start for Native American children 3-4 years old

Family Building Blocks Early Head Start
Chelsea's Place- 2425 Lancaster Dr NE 503-566-2132
Gracie's Place- 1135 Edgewater St NW 503-363-3057
Supports early childhood, family development for low income pregnant women & families with children up to age 3

MWVCAA Head Start 503-581-1152
mwwcaa.org
2475 Center St NE
Preschool program service low-income families

Oregon Child Development Coalition 503-485-0899
ocdc.net
4611 Lancaster Dr NE
Early Head Start for migrant and seasonal farm workers, services for pregnant women and children to age 3

Salem-Keizer Head Start 503-399-5510
salkeiz.k12.or.us/parents/head-start
1850 45th Ave NE
Child development program serving children ages 3-5

[EDUCATION](#)

Early College High School 503-365-4800
echs.salkeiz.k12.or.us
4071 Winema Place NE, Building 50
Joint venture between Chemeketa Community College and Salem-Keizer Public Schools for students to complete their high school diploma and earn college credits

McKinney-Vento Program (MVP) 503-391-4060
1309 Ferry St SE
MVP provides educational support that enables students without a home, or in transition, to achieve academic success. Support may include school supplies, transportation, academic support, and referrals to resources

Mid-Valley Literacy Center 503-463-1488
midvalleyliteracycenter.org
1850 45th Ave NE
Adult literacy, ESL, GED, pre-CNA
Mon, Tues, Wed, Thurs 10:00 a.m. - 8:00 p.m.

Roberts High School 503-399-5550
roberts.salkeiz.k12.or.us
3620 State St

Roberts High School Annex 503-399-5550
1115 Commercial St NE
Alternative education to complete high school diploma, provides a smaller learning environment, behavioral support, and academic recovery

Roberts Downtown Learning Center 503-399-3421
roberts.salkeiz.k12.or.us/dtlc
360 Commercial St NE
Support and services to earn a GED for students ages 16 - 21

Roberts- Teen Parent Program 503-399-3105
roberts.salkeiz.k12.or.us/program/tpp/ 503-365-4800
4071 Winema Place NE, Building # 50
Smaller learning environment for teen parents and pregnant teens

UGM Learning Centers 503-362-3983
ugmsalem.org
345 Commercial St NE
Tutoring, academy skills, GED, and job readiness. Must be enrolled in New Life Fellowship Program

Winema High School Completion 503-399-5293
www.chemeketa.edu/programs-classes/high-school-programs/
4071 Winema Place NE, Building 50, Room 102
Structured classes offered in the day and evenings for youth 16-20 years old

[EMERGENCY ASSISTANCE \(CRISIS\)](#)

Center for Hope & Safety 24 hour Hotline 503-399-7722
24-hour crisis hotline, free transportation home
Human Trafficking Hotline 1-888-373-7888
National Runaway Safeline 1-800-RUNAWAY
NW Human Services 503-581-5535

Crisis and Information Hotline 1-800-560-5535
Keizer Police Dept (non-emergency) 503-390-2000
Salem Police Dept (non-emergency) 503-588-6123
211 Community Resource Network
Call 211 or help@211info.org or text your zip code to 898211

[EMPLOYMENT](#)

The DPI Group 503-856-9563
thedpigroup.com
4660 Portland Road NE, Suite 108
Employment training for people with disabilities

UGM Employment & Career Services 503-967-6388
ugmsalem.org
745 Commercial St NE
Job readiness, resume assistance; must be enrolled in New Life Fellowship Program

Goodwill Job Connections 503-798-9103
goodwilljobconnection.org
3535 Lancaster Dr NE
Free job search and referral program

Job Corps 503-589-4066
3865 Wolverine St NE #6
High school or GED completion, job training for youth ages 16-24 and low income

People Ready 503-363-9577
peopleready.com/locations/salem-or-1123
Assistance in seeking temporary employment

Willamette Workforce Partnership 503-581-1002
willwp.org
626 High St NE, Suite 305
Several programs for training and career readiness for adults, support for youth ages 16-24 completing a diploma or GED, gaining work experience, and earning industry credentials

WorkSource Oregon 503-378-4846
Worksourceoregon.org
605 Cottage St NE
Assistance to for resume building, job search/training and information

Employment website:
indeed.com idealist.org simplyhired.com
snagajob.com monster.com

[FOOD/CLOTHING/FURNITURE](#)

Helping Hands 503-364-9936
helpinghands-salem.org
1755 13th St SE
Free clothing, diapers, bus passes, financial assistance, employment and interview clothes by appointment
Mon - Thurs, Sat 9:00 a.m. - 12:00 p.m.

Keizer Community Food Bank 503-871-9100
4505 River Rd N (Faith Lutheran Church)
Food pantry; Mon 6:00 p.m. - 7:30 p.m.; Thurs 9:30 a.m. - 11:00 a.m.

Kingwood Bible Church 503-399-9600
kingwoodbible.net
1125 Elm St NW
Food boxes 1st & 3rd Saturday of the month, 10:00 a.m. - 12:00 p.m.

Mano a Mano Family Center 503-315-2290
Colonia Libertad
2921 Saddle Club St SE, Suite # 9
Food boxes Tues - Thurs 1:00 p.m. - 5:45 p.m.
Northgate 503-363-1895
3850 Portland Rd NE, Suite 214
Food boxes Tues, Wed, Thurs 1:00 p.m. - 5:45 p.m.

Mission of Hope Silvercreek Fellowship @ Houck Middle School
1155 Connecticut SE
Last Saturday of the month 10:00 a.m. - 12:00 p.m.

Salem Adventist Community Center 503-363-8893
1860 Summer St NE
Clothing, diapers, food boxes, and household items
Mon & Tues 10:00 a.m. - 12:00 p.m.

Salem Evangelical Church/Precious Children 503-581-0102
salemec.com
455 Locust St NE
Food pantry last two Thursday's of the month 10:00 a.m. - 12:00 p.m.

Salvation Army 503-585-6688
1977 Front St
Food pantry daily from 9:00 a.m. - 12:00 p.m., financial assistance for rent, utilities, medicine, and transportation

Shared Blessings 503-364-0002
1675 Wallace Rd
Food pantry Wed 8:30 a.m. - 12:00 p.m.

St. Vincent de Paul Society 503-364-5672
3745 Portland Rd NE
Rent & utility assistance, clothing & furniture, sack lunches. Food pantry
Mon, Tues, Wed & Fri 10:00 a.m. - 1:45 p.m., Thurs 11:00 a.m. - 1:45 p.m.

[HEALTH](#)

Clinical Medical Nuestra Senora de Guadalupe 503-364-5818
1495 Liberty St NE
Low cost medical care to Spanish speaking families

Lancaster Family Health Center 503-588-0076
3896 Beverly Ave NE, Bldg J, # 40
Medical and dental services for low-income families, sliding fee scale for uninsured, OHP, Spanish and Russian

Medical Foundation of Marion & Polk Counties 503-362-9669
Project Access/Med Assist
4985 Battlecreek Rd SE, Suite 102
Facilitate access to medical services and resources for prescription costs
Mon - Thurs 8:30 a.m. - 5:00 p.m., Fri 8:30 a.m. - 3:00 p.m.

Mental Health/Counseling Clinics 503-689-1585
3850 Portland Rd NE
Call to schedule an appointment

Polk County Free Clinic 503-831-0551
320 SE Fir Villa Rd, Dallas
1st and 4th Saturday 9:00 a.m. - 12:00 p.m.

Salem Free Medical Clinic 503-990-8772
salemfreecinics.org
1300 Broadway St NE, Suite 104
Call to schedule an appointment

West Salem Medical Clinic 503-378-7526
1233 Edgewater St NW
Medical services for low income, sliding fee scale for the uninsured, OHP

West Salem Mental Health Clinic 503-378-7526
1245 Edgewater St NW
Mental health services, medication assistance for 18+
Monday - Friday 8:00 a.m. - 5:00 p.m.

West Salem Dental Clinic 503-378-7526
190 Kingwood St NW
Dental services for low income, sliding fee scale for the uninsured, OHP
Monday - Friday 7:00 a.m. - 5:30 p.m.

WFMCH Health 503-585-6388
wfmhealth.org
435 Lancaster Dr NE
Sliding scale for uninsured, OHP, Spanish and Russian

HOUSING

Salem Housing Authority 503-588-6368
salemhousingor.com
 360 Church St SE
 Housing programs for low-income individuals and families in Salem and Keizer
 Monday – Friday 7:30 a.m. – 4:30 p.m.

City of Salem HUD Apartments 503-588-6368
 Call for information. Subsidized apartments; contact each apartment complex

Mano a Mano Colonia Libertad 503-315-2290
 2921 Saddle Club St, Suite #1009
 Housing for low income and migrant families

Marion County Housing Authority 503-798-4170
co.marion.or.us/ha
 2645 Portland Rd NE, Suite #200
 Housing programs for low-income individuals and families in Marion County

Oxford Homes 971-218-1891
oxfordvacancies.com
 Call hotline for vacancies. House membership responsible for shared household expenses; contact each house

Shangri-La 503-581-1732 ext. 374
shangri-laoregon.org
 4080 Reed Rd SE # 150
 Housing assistance for people with disabilities

The ARCHES Project 503-399-9080
mwvcaa.org
 615 Commercial St NE
 Support services, case management, housing and rental assistance, tenant education for homeless individuals and families (RENT)

West Valley Housing Authority 503-623-8387
wvpha.org
 204 SW Walnut St, Dallas
 Housing programs for families in Polk County

LEGAL

Catholic Charities Immigration Legal Services 503-542-2855
catholiccharitiesoregon.org
 2740 SE Powell Blvd, # 2, Portland
 Immigration legal services to low income immigrants and refugees

Mano a Mano Family Center 503-315-2290
Colonia Libertad
 2921 Saddle Club St SE, Suite # 1009

Northgate 503-363-1895
 3850 Portland Rd NE, Suite 214
 Free consultation with attorney, low income, migrant

Marion Polk County Legal Aid 503-581-5265
oregonlawhelp.org 1-800-359-1845
 Legal aid for low income
 Appointments available Mon, Tues, Wed

SHELTERS

ARCHES Drop In Day Center 503-399-3080
mwvcaa.org/programs/crp/
 615 Commercial St NE
 Sack lunches, laundry, showers, telephone access, hygiene products
 Monday – Friday 9:30 a.m. – 12:30 p.m.

Center for Hope & Safety Main Office 503-378-1572
hopeandsafety.org Hotline 503-399-7722
 605 Center St NE
 Emergency shelter for domestic violence victims, advocacy, and education

Community Outreach, Inc. (COI) 541-758-3000
communityoutreachinc.org
 865 NW Reiman Ave, Corvallis
 Emergency shelter, transitional housing, case management, health services, and daycare

NWHS HOAP Drop In Center 503-588-5827
 694 Church St NE
 Lunch, showers, laundry, telephone access, mental health support for homeless individuals ages 18+, crisis intervention
 Mon – Fri 9:00 a.m. – 2:00 p.m., Families 2:00 p.m. – 5:00 p.m.
 Women only hours, Mon & Thurs 9:00 a.m. – 11:00 a.m.

NWHS Transitional Living Program & Drop In 503-588-5825 HOST
 503-361-0380 TLP
 1143 Liberty St NE
 Street outreach, crisis intervention, family reunification. Housing up to 18 months for ages 18-22 and overnight emergency shelter for ages 11 -24

Salem Interfaith Hospitality Network 503-370-9752
 1055 Edgewater St NW
 Emergency housing for homeless families with children

Salvation Army Lighthouse Shelter 503-585-6688
saalem.kroccenter.org
 1901 Front St
 Transitional housing up to 6 months for homeless men and women ages 18+

Simonka Place 503-362-7487
 5119 River Rd N
 Emergency and transitional shelter for women 18+ and children (boys under the age of 12)

Signs of Victory Family Shelter 541-967-8545
 1100 SE Jackson St, Albany
 Emergency shelter for families

St. Francis Shelter 503-588-0428
sfssalem.org
 1820 Berry St SE
 Transitional shelter for families with children and pregnant women. Hours Mon – Fri 10:00 a.m. – 2:00 p.m.

Taylor’s House 503-391-6428 HOME
 220 15th St SE, Salem OR 97301
 24/7 shelter, emergency housing for youth ages 11 – 18 years old

Union Gospel Mission 503-362-3983
ugmsalem.org
 345 Commercial St NE
 An overnight shelter for homeless males ages 18+

Women at the Well Grace House 971-600-3627
womenatthewellgracehouse.com
 Emergency & transitional shelter for single women ages 18+

SOCIAL SERVICES

ARCHES Project 503-399-9080
mwvcaa.org
 615 Commercial St NE
 Referral information, housing programs, case management, ages 18+

Boys & Girls Club Teens for Tomorrow (T3 Program) 503-581-7383
bgc-salem.org
 1395 Summer St NE
 Case management, education, and employment opportunities for youth

Congregations Helping People 503-391-4365
chpsalem.org
 600 State St
 Resources and financial help for families, first come first served
 Mon, Wed, Thurs 9:00 a.m. – 2:00 p.m., Tues 12:00 p.m. – 2:00 p.m.

Crisis and Information Hotline (NWHS) 503-581-5535
 1-800-560-5535
 695 Church St NE

Crisis and suicide intervention, financial assistance for rent and utilities, Cherriots day passes, food boxes, 24 hours

De Muniz Resource Center 503-990-7370
Community Action Reentry Services (CARS)
 3950 Aumsville Hwy SE
 Assistance with transition from incarceration back to the community, case management, transportation, clothing, and connecting to resources

Department of Human Services, Self Sufficiency
 Keizer: 3420 Cherry Ave NE, Suite # 110 503-373-0808
 Salem: 4074 Winema Place, Bldg 53 # 100 503-378-2731
 Salem: 1185 22nd St SE 503-378-6327

Dream Center 971-599-3166
saalemdreamcenter.org
 Help with ID, employment, SSI/SSID, housing, and meals

MWVCAA Home Youth & Resource Center 503-391-6428
Drop In Center
mwvcaa.org/programs/hyrc
 625 Union St
 Day shelter for youth 11 – 17, 18 if in school or GED Program
 Daily from 12:00 p.m. – 7:00 p.m.

Mission Transition 503-576-4600
Referrals 503-576-4690
 3878 Beverly Ave NE, Bldg H
 Case management for young adults 16 – 25 with mental health diagnosis

Neighbor to Neighbor 503-585-0651
n2nmediation.org
 945 Columbia St NE
 Offers free mediation services to youth and families

Salem Rainbow Youth
rainbowyouth.org
 700 Marion St NE
 Social support for LGBTQ youth ages 18 and under
 Thursday youth group meetings 6:00 p.m. – 8:00 p.m.

Salvation Army 503-585-6688
 1977 Front St
 Emergency services and financial assistance as resources are available

St. Vincent de Paul 503-364-3210
 3745 Portland Rd NE
 Emergency services and financial assistance as resources are available

MEAL SITES

ARCHES	1164 Madison	Lunch @ Noon
HOAP	694 Church St NE	Lunch @ Noon
Salvation Army	1977 Front St	Lunch @ Noon
Simonka	5119 River Rd N	Breakfast, Lunch, Dinner
Union Gospel	345 Commercial St NE	Lunch @ Noon Dinner @ 5:30

UTILITIES

Energy Assistance (Weatherization)	503-588-8491
Energy Assistance (Utilities Assistance)	503-588-9016
NW Human Services	503-581-5535
Oregon Telephone Assistance	503-378-6600
Salvation Army Oregon HEAT	503-585-6688
St. Vincent de Paul	503-364-5672

Information contained herein is accurate as of the date of publication; hours, location, phone numbers, etc. may have changed. Contact the specific agency for additional information.

COMMUNITY RESOURCES



MCKINNEY - VENTO PROGRAM

1309 Ferry Street SE
 Salem, Oregon 97301

Phone: 503-391-4060