

HEALTH (Continued)

Project Access Network

503-546-6377 www.nwfs.org/project-access-network
Medical care, prescription assistance for those with no insurance or who do not qualify for OHP

Salem Free Medical Clinic

503-990-8772 www.salemfreeclinics.org
1300 Broadway St NE, Suite #104, call for an appointment

Salem Hospital Financial Assistance

503-562-4357 www.salemhealth.org/
550 Hawthorne Ave. SE, Suite 200
Financial assistance/charity care for hospital services
Monday - Friday 8:00 a.m. - 5:00 p.m.

West Salem Dental Clinic

503-378-7526 www.northwesthumanservices.org
1257 Second St NW
Dental services for low-income, sliding fee scale for uninsured, OHP

West Salem Medical Clinic

503-378-7526 www.northwesthumanservices.org
1233 Edgewater St NW
Medical services for low income, sliding fee scale for uninsured

West Salem Mental Health Clinic

503-378-7526 www.northwesthumanservices.org
1245 Edgewater St NW
Mental health services for low income, sliding fee scale for 18+

HOUSING

Catholic Community Independent Living Program

503-390-2600 info@ccsvw.org
3737 Portland Rd NE
Supportive apartment housing to help youth ages 16 - 21 gain life skills and transition toward independence. Priority given to youth who have aged out of foster care

City of Salem Housing Authority

503-588-6368 www.cityofsalem.net/sha
360 Church St SE
Housing programs for low-income individuals and families in Salem and Keizer

City of Salem HUD Apartments

503-588-6368
Call for information, subsidized apartments, contact each complex

Marion County Housing Authority

503-798-4170 www.co.marion.or.us/HA
2645 Portland Rd NE, Suite 200
Housing programs for low-income individuals and families in Marion County

The ARCHES Project

503-399-9080 www.mwvcaa.org
615 Commercial St NE
Support services, case management, housing and rental assistance, tenant education for homeless individual and families (R.E.N.T.)

West Valley Housing Authority

503-623-8387 www.wvpha.org
204 SW Walnut St, Dallas
Housing programs in Polk County

LEGAL

Catholic Charities Immigration Legal Services

503-542-2855
2740 SE Powell Blvd, Suite 2, Portland
Immigrate legal service to low-income immigrants and refugees, Deferred Action for Childhood Arrivals (DACA)

Mano a Mano Family Center

Colonia Libertad: 2921 Saddle Club St, Suite 1009, 503-315-2290
Northgate Building: 3850 Portland Rd NE, Suite 214, 503-363-1895
Free consultation with attorneys, low-income, migrant
Call for an appointment

LEGAL (Continued)

Marion County Juvenile Court

503-588-5411
3030 Center St NE
Juvenile emancipation

Marion Polk County Legal Aid

503-581-5265 1-800-359-1845
105 High St SE www.oregonlawhelp.org
Legal aid for family law, housing, public benefits
Appointments Mon - Wed

Problem Solvers

1-800-452-7636 503-684-3763 www.osbar.org/public/ris
Free 30 minute consultation for youth ages 13 - 17

SHELTERS

ARCHES Drop-In Day Center

615 Commercial St NE www.mwvcaa.org
Sack lunches, laundry, showers, telephone access, hygiene products
Mon - Fri 8:15 a.m. - 3:00 p.m.

Catholic Community Services

Father Taaffe Homes

503-393-2843
3737 Portland Rd NE
Transitional housing and support services for young mothers and children

Center for Hope and Safety

503-399-7722 hotline 503-378-1572 Main Office
605 Center St NE www.hopeandsafety.org
Emergency shelter for domestic violence victims, advocacy, education

Jackson Street Youth Services

1-800-901-2904 24 hour Hotline

The Albany House

541-220-2950 www.jsysi.org

The Corvallis House

541-754-2404 www.jacksonstreet.org
555 NW Jackson Ave, Corvallis
Emergency shelter for youth, support with education, health, jobs readiness

Lucille's Home

503-765-5420
4840 7th Ave SE
Single room rental, support services for women 18+

MWVCAA HOME Youth and Resource Center

503-391-6428 www.mwvcaa.org
625 Union St NE
Day shelter for youth ages 11 - 17, 18 if still in school/GED program, meals, clothing, laundry facilities, showers and referrals
Every day 12:00 p.m. - 7:00 p.m.

NW Human Services HOAP Drop-In Day Center

694 Church St NE 503-588-5827
Lunch, showers, laundry, telephone access, crisis intervention, mental health support for homeless individuals ages 18+
Mon - Fri 9:00 a.m. - 2:00 p.m.

NW Human Services HOST (Rosemary's Place)

503-588-5825 www.northwesthumanservices.org/HOST.html
1143 Liberty St NE
Overnight emergency shelter for ages 11 - 24, drop-in center, meals, showers, crisis intervention, family reunification

NW Human Services Transition Living Program (TLP)

503-361-0380
1143 Liberty St NE
Housing program for youth ages 18 - 24 who are unable to unite with family and have no other housing options. Focus on life skills, job readiness and completion of education

Salvation Army

503-585-6688 www.salem.kroccenter.org
1901 Front St
Transitional housing up to 6 months for men & women 18+

SHELTERS (Continued)

Simonka Place

503-362-7487
5119 River Rd N
Emergency and transitional shelter for women ages 18+ and children

Union Gospel Mission

503-362-3983 www.ugmsalem.org
345 Commercial St NE
An overnight shelter for homeless males ages 18+

Women at the Well Grace House

971-600-3627 www.womenatthewellgracehouse.com
1243 Peace St SE
Emergency and transitional shelter for single women ages 18+

SOCIAL SERVICES

ARCHES Project

503-399-9080 www.mwvcaa.org
615 Commercial St NE
Referral information, housing programs, case management, day shelter for homeless families and 18+

Crisis and Information Hotline Northwest Human Services

503-581-5535 1-800-560-5535
694 Church St NE
Crisis and suicide intervention, financial assistance for rent and utilities, Cheriots day passes, food boxes, 24 hours

Congregations Helping People

503-391-4365 www.chpsalem.org staff@chpsalem.org
600 State St
Resources and financial help for utilities, bus passes, first come first serve
Mon - Fri 9:00 a.m. - 12:00 p.m.

Department of Human Services, Self-sufficiency

Keizer: 3420 Cherry Ave NE, Suite 110, 503-373-0808
Northwest Salem: 4600 25th Ave NE, Suite 110, 503-378-6800
North Salem: 4074 Winema Pl, Suite 100, 503-378-2731
South Salem: 1660 Oak St SE, Suite 100, 503-378-6327

Dream Center

971-599-3166 www.salemdreamcenter.org
Help with ID, employment, SSI/SSID, housing and meals
Mon - Fri 8:00 a.m. - 5:00 p.m.

Mano a Mano Family Center

Colonia Libertad: 2921 Saddle Club St, Suite 1009, 503-315-2290
Northgate Building: 3850 Portland Rd NE, Suite 214, 503-363-1895
Educational classes, resources, support for Latino families and youth

Mission Transition

503-576-4600
3878 Beverly Ave NE, Bldg H
Empowers young adults 16 - 25 to accomplish their goals, mental health management and case management

Neighbor to Neighbor

503-585-0651 www.n2nmediation.org
945 Columbia St NE n2nmediation@gmail.com
Offers free mediation services to youth and families

Salem Rainbow Youth

790 Marion St NE www.rainbowyouth.org
Social and academic support for LGBTQ youth ages 14 - 18
Thursday youth group meetings 6:00 p.m. - 8:00 p.m.

211 Community Resource Network

Dial 211 or text your zip code to 898211 www.211info.org
Information on community resources and social services

MEAL SITES

ARCHES

HOAP

HOME

615 Commercial St NE Lunch 11:00 a.m.
694 Church St NE Lunch Noon
625 Union St Lunch Noon

Salvation Army

Simonka

Union Gospel

1901 Front St Lunch Noon
5119 River Rd N Breakfast, Lunch, Dinner
345 Commercial St NE Lunch Noon

YOUTH RESOURCES



McKinney-Vento Program

1309 Ferry Street SE
Salem, Oregon 97301

Phone: 503-391-4060

[ADDICTION/MENTAL HEALTH SERVICES](#)

Ala-teen/Ala-non
503-370-7363 (information line, they will call you back)
www.salemareealanon.org
Support for anyone affected by someone else’s drinking

Bridgeway
503-363-2021 www.bridgewayrecovery.com
3325 Harold Dr NE (main office)
Addiction recovery, mental health therapy, medical care, assessments for adolescents, one/both parents MUST attend

Clear Path
503-304-7002 www.c-paths.com
3793 North River Rd N
Outpatient alcohol and drug treatment center

**Marion County Health Department
Alcohol & Drug Treatment Services**
503-588-3180 (main office)
503-585-4908
2035 Davcor St SE
Alcohol and drug assessment, prevention, treatment, counseling

New Steps Behavioral Health
503-364-9957
3737 Portland Rd NE
Alcohol treatment center, counseling

Polk County Behavioral Health & Addiction
503-585-3012 www.co.polk.or.us/bh
1520 Plaza St NW
Adult/child outpatient therapy, crisis and support services, must have OHP, sliding fee
Mon-Fri 8:00 a.m. - 5:00 p.m.

Recovery Outreach Community Center (ROCC)
503-585-2273 www.roccsaalem.org
1154 Madison St NE
Drop in center, mental health & addiction support by peers

[BABY/FAMILY](#)

Birth Right of Salem
503-585-2273 www.birthrightofsalem.org
1880 Lancaster Dr NE, Suite 124
Diapers, maternity and baby clothing, free pregnancy tests
Mon-Thurs, Fri 10:00 a.m. - 1:00 p.m.
Wed 10:00 a.m. - 4:00 p.m.

Childcare Resource and Referral
503-585-2491 www.mwvcaa.org
2475 Center St NE, ccrweb@mwvcaa.org
Childcare resources for Marion, Polk and Yamhill counties
Office hours: Mon - Fri 8:00 a.m. - 5:00 p.m.

Family Building Blocks
503-566-2132 www.familybuildingblock.org
2425 Lancaster Dr NE
503-363-3057
1135 Edgewater St NW
For families with children 6 weeks - 5 years old, respite care, early childhood education, clothes, food pantry, and family support

**Marion County Women, Infants and Children (WIC)
Nutrition Program**
503-588-5057 www.co.marion.or.us/HLT/PH/WIC
1660 Oak St SE (temporary office)
Provides supplemental food, food vouchers, nutrition education, referrals to health services, counseling
Mon-Fri 8:00 a.m. - 5:00 p.m.; Tues & Wed 8:00 a.m. - 7:00 p.m.

Michael the Archangel
503-581-2229 www.mtasalem.org
1725 Capitol St NE
Support services for mothers and children, diapers, formula, baby food, children and maternity clothes, free pregnancy tests
Mon 1:00 p.m. - 3:00 p.m.; Wed 4:30 p.m. - 6:30 p.m.; Thurs & Fri 11:30 p.m. - 2:30 p.m.

[BABY /FAMILY \(Continued\)](#)

St. Germaine
503-363-2525 www.stgermaines.org
3857 Wolverine St NE, Suite 2C
Diapers, baby needs, clothes, counseling, free pregnancy tests, and pregnancy support
Mon - Tues 1:00 p.m. - 4:00 p.m.; Wed 11:00 a.m. - 2:00 p.m.; Fri 10:00 a.m. - 1:00 p.m.

Salem Alliance New Beginnings Baby Boutique
503-485-0590 www.salemalliance.org
1490 5th St
New and used baby and maternity clothes, bedding, other baby items
Intake appointments Tues - Wed 10:00 a.m. - 2:00 p.m.

[EDUCATION](#)

Career Technical Education Center (CTEC)
503-399-5511 www.ctecsaalemkeizer.com
3501 Portland Rd NE
Credits earned and skills learned lead toward high diploma, industry standard certification in Residential Construction, Commercial Manufacturing, Cosmetology, 3D Design for Game & Television Production

Chemeketa GED
503-399-5224
4000 Lancaster Dr NE
GED preparation classes. Must be at least 18 years old
16-17 year olds, contact 503-399-5293

Chemeketa High School Equivalency Program (HEP)
503-589-7725
Program to assist migrant youth obtain GED certificate

Early College High School
503-365-4800
4071 Winema Pl NE, Bldg 50
Joint venture between Salem-Keizer Public Schools and Chemeketa Community College for students to complete high school diploma and earn college credit

Insight School of Oregon
1-855-534-6303 www.or-ph.insightschools.net
603 NW 3rd St, Prineville
Online public school, tuition free, 7-12 curriculum, traditional classes and courses in Business and Health Science

McKinney-Vento Program (MVP)
503-391-4060
1309 Ferry St SE
Assists homeless youth in overcoming barriers to school attendance, provides transportation, school supplies, educational advocacy

Oregon Connections Academy (ORCA)
1-503-897-2272 www.connectionsacademy.com
833 NW Santiam Blvd, Mill City
Online public school, tuition free, K-12 curriculum, free textbooks and materials, computers for families with children K-8

Roberts High School
503-399-5550
3620 State St SE
Alternative Education to complete high school diploma, provides smaller learning environment, behavioral support, academic recovery

Roberts Downtown Learning Center (DTLC)
503-399-3421
360 Commercial St NE
Support and services to earn a GED for students ages 16 - 21

Roberts High School Teen Parent Program
503-399-3105
4071 Winema Pl NE, Bldg 50
Smaller learning environment for teen parent/pregnant teen

Winema High School Completion
503-365-4705
4071 Winema Pl NE, Bldg 50
Structured classes are offered both during the day and in the evening to complete high school diploma

[EMERGENCY ASSISTANCE \(Crisis\)](#)

NW Human Services Crisis and Information Hotline
503-581-5535

Center for Hope & Safety 24 hour hotline
1-866-399-7722

David Romprey Oregon Warmline
1-800-698-2392
Free support line (counseling) open to all Oregonians

Human Trafficking Hotline
1-888-373-7888

National Runaway Safeline
1-800-RUNAWAY
24 hour crisis hotline & free transportation home

National Suicide Prevention Lifeline
1-800-273-8255
24 hour crisis hotline

Youth America Hotline
1-877-968-8454
Teens helping Teens, 24 hour hotline

Salem Police Department (non-emergency)
503-588-6123

Keizer Police Department (non-emergency)
503-390-3713

[EMPLOYMENT](#)

Boys and Girls Training Teens for Tomorrow (T3 Program)
503-602-3705 503-581-7383 (main office)
1395 Summer St SE www.bgc-salem.org
Case management, education, employment opportunities for youth

Empowerment for Latino Youth (ELY)
503-798-8994 503-949-7117 www.elyprogram.com
161 High St SE, Suite 244
Job training, career exploration, paid to participate for youth 16-21

Goodwill Job Connections
503-798-9103 www.goodwilljobconnection.org
3535 Lancaster Dr NE
Free job search and referral program, ages 16+

Habitat for Humanity H2 Degree Program
503-384-6642 www.salemhabitat.org
Internships, trade skill certification, high school credit recovery for youth ages 16-24 enrolled in high school or GED program

HALO Youth Program
503-606-4256 www.haloprogram.org
Polk County– 750 S 5th St, Independence
GED assistance, internships for youth 16-21

IKE Quest
503-581-6154 www.isaacroom.org
299 Cottage St NE
Mentoring, service learning, internships for youth ages 16-19

Job Corps
503-378-4846
605 Cottage St NE
High School or GED completion, job training for youth ages 16 - 24

Youth Empowerment Program (YEP)
503-391-6428
625 Union St
Internships & jobs, financial literacy, workshops & field trips

WorkSource Oregon
503-378-4846 www.worksourceoregon.org
605 Cottage St NE
Employment assistance, GED readiness
Mon-Fri 8:00 a.m. - 5:00 p.m.

[FOOD/CLOTHING](#)

Salem Adventist Community Service
503-363-8893
1860 Summer St NE
Free clothing, diapers, food boxes and household items
Mon - Tues 10:00 a.m. - 12:00 p.m.

HOME Youth and Resource Center
503-391-6428 www.mwvcaa.org
625 Union St
Lunch, dinner, food pantry, clothes Mon - Sun 12:00 p.m. - 7:00 p.m.

Helping Hands
503-364-9936 www.helpinghands-salem.org
1755 13th St SE
Free clothing, diapers, bus passes, financial assistance, employment / interview clothes by appointment
Mon - Thurs and Sat 9:00 a.m. - 12:00 p.m.

Keizer Community Food Bank (Faith Lutheran Church)
503-393-0404
4505 River Rd N
Food boxes Mon 6:00 p.m. - 7:30 p.m.; Thurs 9:00 a.m. - 10:30 a.m.

Kingwood Bible Church
503-399-9600
1125 Elm St NW
Food boxes 1st and 3rd Sat. of each month 10:00 a.m. - 2:00 p.m.

Mano a Mano Family Center
Colonia Libertad: 2921 Saddle Club St, Suite 1009, 503-315-2290
Food boxes Tues - Thurs 1:00 p.m. - 5:00 p.m.
Northgate Building: 3850 Portland Rd NE, Suite 214, 503-363-1895
Food boxes Tues - Fri 3:00 p.m. - 6:00 p.m.

Salvation Army
503-585-6688 www.salvationarmy.org
1977 Front Street
Food boxes daily 9:00 a.m. - 12:00 p.m., financial assistance for rent, utilities, medicine, transportation

Shared Blessings
503-364-0002
1675 Wallace Rd
Food boxes and clothing, every 30 days, Wed, Fri 9:00 a.m. - 11:45 a.m. and clothing

St. Vincent de Paul
503-364-5672 503-364-3210 www.svdpsalem.org
3745 Portland Rd NE
Rent and utility assistance, clothing and furniture, sack lunches and food boxes
Mon - Wed, Fri 10:00 a.m. - 1:45 p.m., Thurs 11:00 a.m. - 1:45 p.m.

[HEALTH](#)

Clínica Medical Nuestra Señora de Guadalupe
503-364-5818
1495 Liberty St NE
Low cost medical care to Spanish-speaking families

Lancaster Family Health Center
503-588-0076
3896 Beverly Ave NE, Bldg J, Suite 40
Medical and dental services for low-income families, sliding fee scale for uninsured, OHP, Spanish and Russian

Marion County Health Department
503-588-5342
3180 Center St NE
Birth control and health services, by appointment only

Mental Health/Counseling Clinics
503-689-1585 Call for an appointment
3850 Portland Rd NE

Polk County Free Clinic (Trinity Lutheran Church)
503-831-0551
320 SE Fir Villa Rd, Dallas
1st and 4th Saturday, 9:00 a.m. - 12:00 p.m.