

2022-23 COBRA Monthly Insurance Rates

10/01/2022 through 09/30/2023

Plan Options	Employee Only	Employee + Spouse or Domestic Partner	Employee + Child(ren)	Employee + Spouse or Domestic Partner +Child(ren)
MEDICAL				
Moda Medical Plan 1	\$755.11	\$1,661.22	\$1,434.73	\$2,340.88
Moda Medical Plan 2	\$700.47	\$1,541.05	\$1,330.94	\$2,171.51
Moda Medical Plan 3	\$657.17	\$1,445.77	\$1,248.65	\$2,037.27
Moda Medical Plan 4	\$620.53	\$1,365.16	\$1,179.01	\$1,923.66
Moda Medical Plan 5	\$573.21	\$1,261.07	\$1,089.13	\$1,777.00
Moda Medical Plan 6	\$584.69	\$1,286.32	\$1,110.94	\$1,812.59
Moda Medical Plan 7	\$545.70	\$1,200.52	\$1,036.85	\$1,691.68
Kaiser Medical Plan 1	\$676.52	\$1,488.35	\$1,285.38	\$2,097.22
Kaiser Medical Plan 2A	\$560.25	\$1,233.33	\$1,064.41	\$1,737.60
Kaiser Medical Plan 2B	\$542.80	\$1,194.92	\$1,031.26	\$1,683.49
Kaiser Medical Plan 3 (HSA eligible)	\$412.59	\$908.24	\$783.59	\$1,279.28
DENTAL				
Moda Delta Dental Plan 1	\$66.09	\$130.94	\$145.59	\$215.62
Moda Delta Dental Plan 5	\$58.37	\$115.64	\$128.60	\$190.44
Moda Delta Dental Plan 6 (no ortho)	\$44.57	\$88.23	\$89.57	\$136.82
Moda Exclusive Delta PPO dental	\$57.29	\$113.51	\$126.21	\$186.90
Exclusive PPO Plan- Delta Dental	\$38.62	\$76.48	\$85.05	\$125.96
Kaiser Dental	\$74.53	\$163.99	\$141.62	\$231.06
Willamette Dental	\$47.53	\$95.06	\$101.26	\$151.89
VISION				
Moda Vision Opal	\$23.09	\$50.78	\$43.81	\$71.52
Moda Vision Pearl	\$18.64	\$41.51	\$35.84	\$58.47
Moda Vision Quartz	\$13.31	\$29.31	\$25.30	\$41.26
VSP Choice Plus Plan	\$16.87	\$37.14	\$32.07	\$52.33
VSP Choice Plan	\$8.21	\$18.06	\$15.60	\$25.44
Kaiser Vision	\$8.45	\$18.56	\$16.03	\$26.17

NOTE:

COBRA benefits are administered by Benefit Help Solutions (BHS). Phone: 1-800-556-3137