

Salem-Keizer School District

October 31st to November 4th

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday Choice/Cus-



MONDAY	Bean & Cheese Burrito
TUESDAY	Chicken Alfredo Pasta
WEDNESDAY	Pozole
THURSDAY	Turkey Gravy & Mashed Potato
FRIDAY	Fish & Chips

Daily Special/Everyday



MONDAY	Nachos
TUESDAY	Tacos
WEDNESDAY	Burrito
THURSDAY	Nachos
FRIDAY	Enchiladas



Daily Special/Everyday Choice/Cus-

*Turkey & Cheese Sub
Ham & Cheese Sub
Chef Salad*

MONDAY	Buffalo Chicken Wrap
TUESDAY	BBQ Chicken Sub
WEDNESDAY	Chicken Caesar Wrap
THURSDAY	Italian Sub
FRIDAY	Chicken Bacon Wrap



Cheeseburger
Chicken burger
Spicy Chicken Burger
Veggie Burger

Daily Special/Everyday Choice/Cus-

*Cheese Pizza
Pepperoni Pizza*



MONDAY	BBQ Chicken Pizza
TUESDAY	Supreme Pizza
WEDNESDAY	Sausage Pizza
THURSDAY	Buffalo Chicken Pizza
FRIDAY	Hawaiian Pizza



Salem-Keizer School District

November 7th to 11th

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday Choice/Cus-



MONDAY	Tot'chos
TUESDAY	Chicken Drumstick
WEDNESDAY	Chicken Potato Bowl
THURSDAY	Turkey Gravy and Mashed Potatoes
FRIDAY	No School

Daily Special/Everyday



MONDAY	Nachos
TUESDAY	Tacos
WEDNESDAY	Burritos
THURSDAY	Nachos
FRIDAY	No School



Daily Special/Everyday Choice/Cus-

*Turkey & Cheese Sub
Ham & Cheese Sub
Chef Salad*

MONDAY	Buffalo Chicken Wrap
TUESDAY	BBQ Chicken Sub
WEDNESDAY	Chicken Caesar Wrap
THURSDAY	Italian Sub
FRIDAY	No School



Cheeseburger
Chicken burger
Spicy Chicken Burger
Veggie Burger

Daily Special/Everyday Choice/Cus-

*Cheese Pizza
Pepperoni Pizza*



MONDAY	BBQ Chicken Pizza
TUESDAY	Supreme Pizza
WEDNESDAY	Sausage Pizza
THURSDAY	Buffalo Chicken Pizza
FRIDAY	No School



Salem-Keizer School District

November 14th to 18th

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday Choice/Cus-



MONDAY	Lasagna Rollups
TUESDAY	Breakfast for Lunch
WEDNESDAY	BBQ Chicken Sandwich
THURSDAY	Chicken and Dumplings
FRIDAY	Fish Po Boy

Daily Special/Everyday



MONDAY	Nachos
TUESDAY	Tacos
WEDNESDAY	Burritos
THURSDAY	Nachos
FRIDAY	Enchiladas



Daily Special/Everyday Choice/Cus-

*Turkey & Cheese Sub
Ham & Cheese Sub
Chef Salad*

MONDAY	Buffalo Chicken Wrap
TUESDAY	BBQ Chicken Sub
WEDNESDAY	Chicken Caesar Wrap
THURSDAY	Italian Sub
FRIDAY	Chicken Bacon Wrap



Cheeseburger
Chicken burger
Spicy Chicken Burger
Veggie Burger

Daily Special/Everyday Choice/Cus-

*Cheese Pizza
Pepperoni Pizza*



MONDAY	BBQ Chicken Pizza
TUESDAY	Supreme Pizza
WEDNESDAY	Sausage Pizza
THURSDAY	Buffalo Chicken Pizza
FRIDAY	Hawaiian Pizza



Salem-Keizer School District

November 21st to 25th

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday Choice/Cus-



MONDAY	Cheesy Breadsticks
TUESDAY	Cheese Ravioli
WEDNESDAY	No School
THURSDAY	Happy Thanksgiving!
FRIDAY	No School

Daily Special/Everyday



MONDAY	Nachos
TUESDAY	Tacos
WEDNESDAY	No School
THURSDAY	Happy Thanksgiving!
FRIDAY	No School



Daily Special/Everyday Choice/Cus-

*Turkey & Cheese Sub
Ham & Cheese Sub
Chef Salad*

MONDAY	Buffalo Chicken Wrap
TUESDAY	BBQ Chicken Sub
WEDNESDAY	No school
THURSDAY	Happy Thanksgiving!
FRIDAY	No School



Cheeseburger
Chicken burger
Spicy Chicken Burger
Veggie Burger

Daily Special/Everyday Choice/Cus-

*Cheese Pizza
Pepperoni Pizza*



MONDAY	BBQ Chicken Pizza
TUESDAY	Supreme Pizza
WEDNESDAY	No School
THURSDAY	Happy Thanksgiving
FRIDAY	No school



Salem-Keizer School District

November 28th to December 2nd

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday Choice/Cus-



MONDAY	Spaghetti & Meatballs
TUESDAY	Breakfast for Lunch
WEDNESDAY	Sweet & Sour Chicken with Rice
THURSDAY	Cheesy Breadsticks
FRIDAY	Sloppy Joes

Daily Special/Everyday



MONDAY	Nachos
TUESDAY	Tacos
WEDNESDAY	Burritos
THURSDAY	Nachos
FRIDAY	Enchiladas



Daily Special/Everyday Choice/Cus-

*Turkey & Cheese Sub
Ham & Cheese Sub
Chef Salad*

MONDAY	Buffalo Chicken Wrap
TUESDAY	BBQ Chicken Sub
WEDNESDAY	Chicken Caesar Wrap
THURSDAY	Italian Sub
FRIDAY	Chicken Bacon Wrap



Cheeseburger
Chicken burger
Spicy Chicken Burger
Veggie Burger

Daily Special/Everyday Choice/Cus-

*Cheese Pizza
Pepperoni Pizza*



MONDAY	BBQ Chicken Pizza
TUESDAY	Supreme Pizza
WEDNESDAY	Sausage Pizza
THURSDAY	Buffalo Chicken Pizza
FRIDAY	Hawaiian Pizza

