

Salem-Keizer Public Schools

May 1st - May 5th 2023

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

* Subject to Availability*



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday Choice



MONDAY	Turkey Tot'chos
TUESDAY	Glazed Chicken Drumsticks
WEDNESDAY	Popcorn Chicken Potato Bowl
THURSDAY	Spaghetti with Plant Based Sauce
FRIDAY	NO SCHOOL

Daily Special/Everyday



MONDAY	Nachos
TUESDAY	Tacos
WEDNESDAY	Burritos
THURSDAY	Nachos
FRIDAY	NO SCHOOL



Daily Special/Everyday Choice

*Turkey & Cheese Sub
Ham & Cheese Sub
Chef Salad*

MONDAY	Buffalo Chicken Wrap
TUESDAY	BBQ Chicken Sub
WEDNESDAY	Chicken Caesar Wrap
THURSDAY	Italian Sub
FRIDAY	NO SCHOOL



Cheeseburger
Chicken burger
Spicy Chicken Burger
Veggie Burger

Daily Special/Everyday Choice

*Cheese Pizza
Pepperoni Pizza*



MONDAY	BBQ Chicken Pizza
TUESDAY	Supreme Pizza
WEDNESDAY	Meat Lovers Pizza
THURSDAY	Buffalo Chicken Pizza
FRIDAY	NO SCHOOL

Salem-Keizer Public Schools

May 8th - May 12th 2023

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

* Subject to Availability*



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday Choice



MONDAY	Lasagna Roll Up
TUESDAY	Breakfast For Lunch
WEDNESDAY	BBQ Chicken Sandwich
THURSDAY	Baked Penne Pasta
FRIDAY	Fish Po' Boy

Daily Special/Everyday



MONDAY	Nachos
TUESDAY	Tacos
WEDNESDAY	Burritos
THURSDAY	Nachos
FRIDAY	Enchiladas



Daily Special/Everyday Choice/Cus-

*Turkey & Cheese Sub
Ham & Cheese Sub
Chef Salad*

MONDAY	Buffalo Chicken Wrap
TUESDAY	BBQ Chicken Sub
WEDNESDAY	Chicken Caesar Wrap
THURSDAY	Italian Sub
FRIDAY	Chicken Bacon Wrap



Cheeseburger
Chicken burger
Spicy Chicken Burger
Veggie Burger

Daily Special/Everyday Choice/Cus-

*Cheese Pizza
Pepperoni Pizza*



MONDAY	BBQ Chicken Pizza
TUESDAY	Supreme Pizza
WEDNESDAY	Meat Lovers Pizza
THURSDAY	Buffalo Chicken Pizza
FRIDAY	Hawaiian Pizza



Salem-Keizer Public Schools

May 15th - May 19th 2023

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

* Subject to Availability*



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday Choice



MONDAY	Cheesy Breadsticks with Marinara
TUESDAY	Cheese Ravioli
WEDNESDAY	Orange Chicken & Rice Bowl
THURSDAY	Macaroni & Cheese
FRIDAY	Cheese Omelet

Daily Special/Everyday



MONDAY	Nachos
TUESDAY	Tacos
WEDNESDAY	Burritos
THURSDAY	Nachos
FRIDAY	Enchiladas



Daily Special/Everyday Choice/Cus-

*Turkey & Cheese Sub
Ham & Cheese Sub
Chef Salad*

MONDAY	Buffalo Chicken Wrap
TUESDAY	BBQ Chicken Sub
WEDNESDAY	Chicken Caesar Wrap
THURSDAY	Italian Sub
FRIDAY	Chicken Bacon Wrap



Cheeseburger
Chicken burger
Spicy Chicken Burger
Veggie Burger

Daily Special/Everyday Choice/Cus-

*Cheese Pizza
Pepperoni Pizza*



MONDAY	BBQ Chicken Pizza
TUESDAY	Supreme Pizza
WEDNESDAY	Meat Lovers Pizza
THURSDAY	Buffalo Chicken Pizza
FRIDAY	Hawaiian Pizza



Salem-Keizer Public Schools

May 22nd - May 26th 2023

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

* Subject to Availability*



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday Choice



MONDAY	Meatball Sub
TUESDAY	Breakfast for Lunch
WEDNESDAY	Sweet & Sour Chicken & Rice Bowl
THURSDAY	Cheesy Breadsticks with Marinara
FRIDAY	Sloppy Joe

Daily Special/Everyday



MONDAY	Nachos
TUESDAY	Tacos
WEDNESDAY	Burritos
THURSDAY	Nachos
FRIDAY	Enchiladas



Daily Special/Everyday Choice/Cus-

*Turkey & Cheese Sub
Ham & Cheese Sub
Chef Salad*

MONDAY	Buffalo Chicken Wrap
TUESDAY	BBQ Chicken Sub
WEDNESDAY	Chicken Caesar Wrap
THURSDAY	Italian Sub
FRIDAY	Chicken Bacon Wrap



Cheeseburger
Chicken burger
Spicy Chicken Burger
Veggie Burger

Daily Special/Everyday Choice/Cus-

*Cheese Pizza
Pepperoni Pizza*



MONDAY	BBQ Chicken Pizza
TUESDAY	Supreme Pizza
WEDNESDAY	Meat Lovers Pizza
THURSDAY	Buffalo Chicken Pizza
FRIDAY	Hawaiian Pizza

Salem-Keizer Public Schools

May 29th - June 2nd 2023

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

* Subject to Availability*



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday Choice



MONDAY	NO SCHOOL
TUESDAY	Chicken Alfredo Pasta
WEDNESDAY	Spaghetti with Meat Sauce
THURSDAY	Turkey Gravy over Mashed Potatoes
FRIDAY	Fish & Chips

Daily Special/Everyday



MONDAY	NO SCHOOL
TUESDAY	Tacos
WEDNESDAY	Burritos
THURSDAY	Nachos
FRIDAY	Enchiladas



Daily Special/Everyday Choice/Cus-

*Turkey & Cheese Sub
Ham & Cheese Sub
Chef Salad*

MONDAY	NO SCHOOL
TUESDAY	BBQ Chicken Sub
WEDNESDAY	Chicken Caesar Wrap
THURSDAY	Italian Sub
FRIDAY	Chicken Bacon Wrap



Cheeseburger
Chicken burger
Spicy Chicken Burger
Veggie Burger

Daily Special/Everyday Choice/Cus-

*Cheese Pizza
Pepperoni Pizza*



MONDAY	NO SCHOOL
TUESDAY	Supreme Pizza Meat
WEDNESDAY	Lovers Pizza Buffalo
THURSDAY	Chicken Pizza
FRIDAY	Hawaiian Pizza

