

Salem-Keizer School District

January 2nd to January 6th

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday Choice/Cus-



MONDAY	No School
TUESDAY	Breakfast for Lunch
WEDNESDAY	Sweet & Sour Chicken & Rice
THURSDAY	Cheesy Breadstick with Marinara
FRIDAY	Sloppy Joe

Daily Special/Everyday



MONDAY	No School
TUESDAY	Tacos
WEDNESDAY	Burritos
THURSDAY	Nachos
FRIDAY	Enchiladas



Daily Special/Everyday Choice/Cus-

*Turkey & Cheese Sub
Ham & Cheese Sub
Chef Salad*

MONDAY	No School
TUESDAY	BBQ Chicken Sub
WEDNESDAY	Chicken Caesar Wrap
THURSDAY	Italian Sub
FRIDAY	Chicken Bacon Wrap



Cheeseburger
Chicken burger
Spicy Chicken Burger
Veggie Burger

Daily Special/Everyday Choice/Cus-

*Cheese Pizza
Pepperoni Pizza*



MONDAY	No School
TUESDAY	Supreme Pizza
WEDNESDAY	Sausage Pizza
THURSDAY	Buffalo Chicken Pizza
FRIDAY	Hawaiian Pizza



Salem-Keizer School District

January 9th to January 13th

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday Choice



MONDAY	Bean & Cheese Burrito
TUESDAY	Chicken Alfredo Penne Pasta
WEDNESDAY	Pulled Pork Nachos
THURSDAY	Turkey Gravy over Mashed Potatoes
FRIDAY	Fish & Chips

Daily Special/Everyday



MONDAY	Nachos
TUESDAY	Tacos
WEDNESDAY	Burritos
THURSDAY	Nachos
FRIDAY	Enchiladas



Daily Special/Everyday Choice/Cus-

*Turkey & Cheese Sub
Ham & Cheese Sub
Chef Salad*

MONDAY	Buffalo Chicken Wrap
TUESDAY	BBQ Chicken Sub
WEDNESDAY	Chicken Caesar Wrap
THURSDAY	Italian Sub
FRIDAY	Chicken Bacon Wrap



Cheeseburger
Chicken burger
Spicy Chicken Burger
Veggie Burger

Daily Special/Everyday Choice/Cus-

*Cheese Pizza
Pepperoni Pizza*



MONDAY	BBQ Chicken Pizza
TUESDAY	Supreme Pizza
WEDNESDAY	Sausage Pizza
THURSDAY	Buffalo Chicken Pizza
FRIDAY	Hawaiian Pizza



Salem-Keizer School District

January 16th to January 20th

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday Choice



MONDAY	No School -- MLK Day
TUESDAY	Chicken Drumstick
WEDNESDAY	Popcorn Chicken & Potato Bowl
THURSDAY	Spaghetti & Plant Based Sauce
FRIDAY	Chicken & Waffles

Daily Special/Everyday



MONDAY	No School -- MLK Day
TUESDAY	Tacos
WEDNESDAY	Burritos
THURSDAY	Nachos
FRIDAY	Enchiladas



Daily Special/Everyday Choice/Cus-
*Turkey & Cheese Sub
 Ham & Cheese Sub
 Chef Salad*

MONDAY	No School -- MLK Day
TUESDAY	BBQ Chicken Sub
WEDNESDAY	Chicken Caesar Wrap
THURSDAY	Italian Sub
FRIDAY	Chicken Bacon Wrap



Cheeseburger
 Chicken burger
 Spicy Chicken Burger
 Veggie Burger

Daily Special/Everyday Choice/Cus-

*Cheese Pizza
 Pepperoni Pizza*



MONDAY	No School -- MLK Day
TUESDAY	Supreme Pizza
WEDNESDAY	Sausage Pizza
THURSDAY	Buffalo Chicken Pizza
FRIDAY	Hawaiian Pizza



Salem-Keizer School District

January 23rd to January 27th

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday Choice



MONDAY	Lasagna Roll ups
TUESDAY	Breakfast for Dinner
WEDNESDAY	BBQ Chicken Sandwich
THURSDAY	Baked Penne Pasta
FRIDAY	Fish Po' Boy

Daily Special/Everyday



MONDAY	Nachos
TUESDAY	Tacos
WEDNESDAY	Burritos
THURSDAY	Nachos
FRIDAY	Enchiladas



Daily Special/Everyday Choice/Cus-
*Turkey & Cheese Sub
 Ham & Cheese Sub
 Chef Salad*

MONDAY	Buffalo Chicken Wrap
TUESDAY	BBQ Chicken Sub
WEDNESDAY	Chicken Caesar Wrap
THURSDAY	Italian Sub
FRIDAY	Chicken Bacon Wrap



Cheeseburger
 Chicken burger
 Spicy Chicken Burger
 Veggie Burger

Daily Special/Everyday Choice/Cus-

*Cheese Pizza
 Pepperoni Pizza*



MONDAY	BBQ Chicken Pizza
TUESDAY	Supreme Pizza
WEDNESDAY	Sausage Pizza
THURSDAY	Buffalo Chicken Pizza
FRIDAY	Hawaiian Pizza



Salem-Keizer School District

January 30th - February 3rd

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday Choice



MONDAY	Cheesy Breadstick with Marinara
TUESDAY	Cheese Ravioli
WEDNESDAY	Orange Chicken with Rice
THURSDAY	No School
FRIDAY	No School

Daily Special/Everyday



MONDAY	Nachos
TUESDAY	Tacos
WEDNESDAY	Burritos
THURSDAY	No School
FRIDAY	No School



Daily Special/Everyday Choice/Cus-
*Turkey & Cheese Sub
 Ham & Cheese Sub
 Chef Salad*

MONDAY	Buffalo Chicken Wrap
TUESDAY	BBQ Chicken Sub
WEDNESDAY	Chicken Caesar Wrap
THURSDAY	No School
FRIDAY	No School



Cheeseburger
 Chicken burger
 Spicy Chicken Burger
 Veggie Burger

Daily Special/Everyday Choice/Cus-

*Cheese Pizza
 Pepperoni Pizza*



MONDAY	BBQ Chicken Pizza
TUESDAY	Supreme Pizza
WEDNESDAY	Sausage Pizza
THURSDAY	No School
FRIDAY	No School

