

GLOBAL FLAVORS

- M** Spaghetti & Meat Sauce
Lasagna Roll Ups
- T** Korean BBQ Flatbread
Asian Meatball Flatbread
- W** Taco Beef Calzone
Cheese Calzone
- TH** Greek Meatball Flatbread
Three Cheese Flatbread
- F** NO SCHOOL

- Parmesan Green Beans
Italian Seasoned Green Beans
- Spicy Asian Vegetable Blend
Steamed Edamame
- Frijoles a la Charro
Corn Elotes
- Roasted Chickpeas
Moroccan Carrots

SUPER FOODS

- M** NOODLE BOWLS
Tokyo Teriyaki • The Garden
- T** WRAPS & FLATBREADS
Turkey Cheddar Ranch • Classic Ham & Cheese
- W** SUPER SALADS
Chicken Caesar • Spicy Buffalo Chicken
- TH** SMOOTHIE BOWLS
Very Berry • Sunshine
- F** NOODLE BOWLS
NO SCHOOL

PLANT-BASED, VEGETARIAN, NATURAL & MORE...
ALL THE INGREDIENTS YOU LOVE!



- | | |
|---|---|
| M Garden Salad
Variety of Fresh Fruit
Variety of Canned Fruit | T Garden Salad
Variety of Fresh Fruit
Variety of Canned Fruit |
| W Super Salad
Variety of Fresh Fruit
Variety of Canned Fruit | TH Garden Salad
Variety of Fresh Fruit
Variety of Canned Fruit |
| F Spinach Salad
Variety of Fresh Fruit
Variety of Canned Fruit | |



EVERYDAY SELECTS

- M** Cheese Pizza
Pepperoni Pizza
Sausage Pizza
All entrées served with Caesar Salad
- T** Bean & Cheese Nachos
Beef & Cheese Nachos

All entrées served with Stewed Black Beans
- W** Chicken Nugget Basket
Fish 'n' Chips Basket
Cheese Filled Breadstick
All entrées served with Seasoned Spiral Fries
- TH** Crispy Chicken Sandwich
Cheeseburger
Grilled Cheese Sandwich
All entrées served with Baked French Fries & Burger Toppings
- F** NO SCHOOL
NO SCHOOL

SAUCE IT UP!

Add a kick to any dish with our featured sauces.

IN A HURRY?

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



So Happy

GLOBAL FLAVORS

M Beef Burrito Bowl
Tinga Chicken Burrito Bowl

T Teriyaki Chicken Noodle Bowl
Korean BBQ Chicken Noodle Bowl

W Popcorn Chicken Bowl
BBQ Chicken Bowl

TH Meatball Marinara Bowl
Broccoli Alfredo Bowl

F Lemon Pepper Chicken Bowl
Greek Turkey Rice Bowl

Stewed Black Beans
Mexican Zucchini

Ginger Carrot Salad
Steamed Edamame

Mashed Potatoes
BBQ Baked Beans

Parmesan Green Beans
Basil Corn Salad

Chilled Peas
Moroccan Carrots

SUPER FOODS

M SMOOTHIE BOWLS
Tropical • Banana Berry

T NOODLE BOWLS
Tokyo Teriyaki • The Grecian

W WRAPS & FLATBREADS
Turkey Cheddar Ranch • Spicy Buffalo

TH SUPER SALADS
Chef • Chicken Caesar

F SMOOTHIE BOWLS
Very Berry • Sunshine

**PLANT-BASED, VEGETARIAN, NATURAL & MORE...
ALL THE INGREDIENTS YOU LOVE!**



M Garden Salad
Variety of Fresh Fruit
Variety of Canned Fruit

T Caesar Salad
Variety of Fresh Fruit
Variety of Canned Fruit

W Super Salad
Variety of Fresh Fruit
Variety of Canned Fruit

TH Caesar Salad
Variety of Fresh Fruit
Variety of Canned Fruit

F Spinach Salad
Variety of Fresh Fruit
Variety of Canned Fruit



EVERYDAY SELECTS

M Crispy Chicken Sandwich
Cheeseburger
Grilled Cheese Sandwich
All entrées served with Baked French Fries & Burger Toppings

T Cheese Pizza
Pepperoni Pizza
Hawaiian Pizza
All entrées served with Caesar Salad

W Bean & Cheese Nachos
Beef & Cheese Nachos

All entrées served with Stewed Black Beans

TH Chicken Nugget Basket
Fish 'n' Chips Basket

All entrées served with Seasoned Spiral Fries & Roasted Broccoli

F Local Favorites Menu Day
Visit the cafeteria to check it out!

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GLOBAL FLAVORS

- M** Italian Combo Sub
Caprese Sub
- T** BBQ Chicken Sandwich
Carolinian BBQ Turkey Sub
- W** Soft or Crunchy Beef Tacos
Soft or Crunchy Bean Tacos
- TH** Greek Meatball Sub
Lemon Pepper Chicken Sub
- F** Koren BBQ Chicken Taco
Ginger Garlic Pulled Turkey Taco

- Broccoli and Red Peppers
Italian Seasoned Chickpeas
- Low Country Green Beans
Citrus Glazed Carrots
- Frijoles a la Charro
Broccoli Lime Salad
- Roasted Chickpeas
Chilled Peas
- Spicy Asian Vegetable Blend
Steamed Broccoli

SUPER FOODS

- M** **NOODLE BOWLS**
Spicy Buffalo Chicken • The Garden
- T** **WRAPS & FLATBREADS**
Classic Ham & Cheese • The Mediterranean
- W** **SUPER SALADS**
Garden • Spicy Buffalo Chicken
- TH** **SMOOTHIE BOWLS**
Tropical • Banana Berry
- F** **NOODLE BOWLS**
Tokyo Teriyaki • The Grecian

**PLANT-BASED, VEGETARIAN, NATURAL & MORE...
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Variety of Fresh Fruit
Variety of Canned Fruit | T Caesar Salad
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Variety of Canned Fruit |
| W Super Salad
Variety of Fresh Fruit
Variety of Canned Fruit | TH Caesar Salad
Variety of Fresh Fruit
Variety of Canned Fruit |
| F Spinach Salad
Variety of Fresh Fruit
Variety of Canned Fruit | |

EVERYDAY SELECTS

- M** Cheese Pizza
Pepperoni Pizza
BBQ Chicken Pizza
All entrées served with Caesar Salad
- T** Bean and Cheese Nachos
Fajita Chicken Nachos
All entrées served with Stewed Black Beans
- W** Chicken Nugget Basket
Fish 'n' Chips Basket
Cheese Filled Breadstick
All entrées served with Seasoned Spiral Fries
- TH** Crispy Chicken Sandwich
Cheeseburger

All entrées served with Baked French Fries & Burger Toppings
- F** Local Favorites Menu Day
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GLOBAL FLAVORS

M Pancakes and Sausage Stacker
Scrambled Eggs and Pancakes

T Teriyaki Chicken Burrito
Korean BBQ Chicken Burrito

W Pepperoni Flatbread
Caprese Flatbread

TH Hand Rolled Beef Burrito
Hand Rolled Bean & Cheese Burrito

F Lemon Pepper Chicken Gyro
Greek Turkey Gyro

Baked Cinnamon Apples
Sweet Potato Fries

Ginger Carrot Salad
Steamed Edamame

Parmesan Green Beans
Basil Corn Salad

Frijoles a la Charro
Mexican Zucchini

Oven Roasted Broccoli
Moroccan Carrots

SUPER FOODS

M **WRAPS & FLATBREADS**
Turkey Cheddar Ranch • Spicy Buffalo Chicken

T **SUPER SALADS**
Chef • Spicy Buffalo Chicken

W **SMOOTHIE BOWLS**
Very Berry • Tropical

TH **GRAIN BOWLS**
Tokyo Teriyaki • The Garden

F **WRAPS & FLATBREADS**
Classic Ham & Cheese • The Mediterranean

**PLANT-BASED, VEGETARIAN, NATURAL & MORE...
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Variety of Fresh Fruit
Variety of Canned Fruit

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TH Caesar Salad
Variety of Fresh Fruit
Variety of Canned Fruit

F Spinach Salad
Variety of Fresh Fruit
Variety of Canned Fruit



EVERYDAY SELECTS

M Beef and Cheese Nachos
Turkey Carnitas Nachos
All entrées served with Stewed Black Beans

T Chicken Nugget Basket
Fish 'n' Chips Basket
All entrées served with Seasoned Spiral Fries

W Crispy Chicken Sandwich
Cheeseburger
All entrées served with Baked French Fries & Burger Toppings

TH Cheese Pizza
Pepperoni Pizza
Supreme Pizza
All entrées served with Caesar Salad

F Local Favorites Menu Day
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GLOBAL FLAVORS

M NO SCHOOL

T Beef and Cheese Enchilada
Bean and Cheese Enchilada

W Old School Spud
Broccoli and Cheese Baked Potato

TH Spaghetti and Meat Sauce
Lasagna Roll Ups

F Orange Chicken w/ Rice
Sweet & Sour Chicken w/ Rice

Frijoles a la Charro
Broccoli Lime Salad

Aztec Corn
Citrus Glazed Carrots

Broccoli & Red Peppers
Parmesan Green Beans

Steamed Broccoli
Ginger Carrot Salad

EVERYDAY SELECTS

M NO SCHOOL
All entrées served with

T Crispy Chicken Sandwich
Cheeseburger
Grilled Cheese Sandwich
All entrées served with Baked French Fries & Burger Toppings

W Cheese Pizza
Pepperoni Pizza
Taco Pizza
All entrées served with Caesar Salad

TH Bean & Cheese Nachos
Beef & Cheese Nachos

All entrées served with Stewed Black Beans

F Local Favorites Menu Day
Visit the cafeteria to check it out!

SUPER FOODS

M SUPER SALADS
NO SCHOOL

T SMOOTHIE BOWLS
Sunshine • Banana Berry

W GRAIN BOWLS
Spicy Buffalo Chicken • The Grecian

TH WRAPS & FLATBREADS
Classic Ham & Cheese • The Mediterranean

F SUPER SALADS
Garden • Chicken Caesar

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Variety of Canned Fruit

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