

Salem Area Resources

The Help You Need | When You Need It

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www.midvalleyresources.org

CREATED BY:



www.northwesthumanservices.org

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GENERAL INFORMATION

| Agency / Name | Description | Address | Number |
|-------------------------------------|--|----------|--|
| NWHS Crisis and Information Hotline | 24/7 information, support, and referral to community resources | | 503-581-5535 |
| 211 Info | Information on community resources | National | Dial 211 or call 1-866-698-6155 |

BUS PASS ASSISTANCE (SALEM/KEIZER)

| Agency / Name | Description | Address | Number |
|-------------------------------------|--|---------------------|--------------|
| NWHS Crisis and Information Hotline | Daily passes as available. | | 503-581-5535 |
| Catholic Community Services | Daily passes as available. | 3737 Portland Rd NE | 503-390-2600 |
| Congregations Helping People | Daily passes as available. Monthly passes sometimes available. | 600 State St NE | 503-391-4365 |

CHILDCARE RESOURCES

| Agency / Name | Description | Address | Number |
|----------------------------------|--|----------------------------|--|
| Child Care Resource and Referral | | Marion/Polk/Yamhill County | Call 211 or text "children" to 898-211 |
| Family Building Blocks | Relief nursery with a variety of programs for ages 0- 5. | 2452 Lancaster Dr. NE | 503-566-2132 |
| MWCAA Headstart | | 2475 Center St. NE | 503-585-2491 |

CLOTHING | FREE

| Agency / Name | Description | Address | Number |
|-------------------|---|----------------------|--------------|
| Helping Hands | Mon-Thurs & Sat 9:00am - 12pm closed Fri and Sun | 1755 13th Street SE | 503-364-9936 |
| St Vincent DePaul | Clothing and resource items for homeless persons. | 3745 Portland Rd. NE | 503-364-3210 |

COUNSELING & CRISIS

| Agency / Name | Description | Address | Number |
|--|--|----------------------|---------------------|
| BCN Access Coordinators | Help with finding a behavioral health provider for Marion/Polk OHP members. | | 503-361-2778 |
| Crisis Suicide Intervention | | | |
| NWHS: Crisis & Information Hotline | 24/7 Suicide intervention, crisis and information hotline | | 503-581-5535 |
| Psychiatric Crisis Center | Marion County crisis center. Walk-in services 24/7 | 1118 Oak St. SE | 503-585-4949 |
| Marion County Youth & Family Crisis Services | Mental health screenings and services for youth 0 - 17 | 2421 Lancaster Dr NE | 503-576-4673 |
| National Suicide Prevention Hotline | National suicide hotline. Available 24/7 | | 1-800-273-8255 |

Child and Family Counseling & Support

| | | | |
|---|---|---|--------------|
| Catholic Community Services Community Counseling Center | | 3737 Portland Rd | 503-390-2600 |
| Marion County Children's Behavioral Health | Outpatient counseling services for youth and families | 2421 Lancaster Dr. NE | 503-588-5352 |
| Outpatient Mental Health Accepts OHP | | | |
| NWHS: West Salem Clinic Mental Health | Must be NWHS primary care patient | 1245 Edgewater St NW | 503-588-5816 |
| Marion County Mental Health | Adult outpatient services. | 3180 Center St. NE | 503-588-5351 |
| Polk County Mental Health | Counseling services for adults, youth, and families | 182 SW Academy Dallas, OR 97338 | 503-623-9289 |
| | | 1520 Plaza Street NE, Suite 150 Salem, OR 97304 | 503-585-3012 |
| New Perspectives | Therapists/prescribers for children and adults. | 565 Union St NE, Ste 105 | 503-316-6770 |
| Valley Mental Health | Therapist/prescribers for children and adults. | 821 Saginaw St S | 503-362-1999 |

DISABILITY SERVICES

| Agency/ Name | Description | Address | Number |
|------------------------------------|--|----------------------------------|--------------|
| NW Senior & Disability Services | Services for seniors and individuals with disabilities; information and referral | 3410 Cherry Ave NE | 503-304-3400 |
| Vocational Rehabilitation Services | Employment assistance for individuals with disabilities | 3402 Cherry Avenue NE, Suite 200 | 503-378-3587 |
| | | 1701 Liberty St. SE | 503-378-2483 |

DOMESTIC VIOLENCE

| Agency/ Name | Description | Address | Number |
|----------------------------|--|-----------------|--------------|
| Center for Hope and Safety | Marion County. Advocacy and help with legal processes. | 24 Hour Hotline | 503-399-7722 |
| Sable House | Polk County. Advocacy. Help with legal processes. | | 503-623-4033 |

DRUG AND ALCOHOL

| Agency/ Name | Description | Address | Number |
|---|---|---------------------------|--------------|
| Outpatient Treatment Accepts OHP | | | |
| Bridgeway | Adult outpatient and residential treatment services | 3325 Harold Dr NE | 503-363-2021 |
| Clear Paths | Outpatient treatment for adults, youth, and families. | 3793 River Road N, Keizer | 503-304-7002 |

Outpatient Treatment | Accepts OHP

| | | | |
|------------------------------|---|---------------------------------------|--------------|
| Marion County Drug Treatment | Outpatient treatment services for those in Marion County. Referral to higher-level care. | 3180 Center St NE | 503-588-5358 |
| Polk County Drug Treatment | Outpatient treatment services for those with OHP in Polk County. Referral to higher-level care. | 182 SW Academy St, Dallas | 503-632-8175 |
| | | 1520 Plaza Street NW, Salem Suite 150 | 503-585-3012 |
| Detox Services | | | |
| Bridgeway Recovery | Medically supervised detox. Intake screening 24/7. | Salem, OR | 503-399-5597 |

EDUCATION

| Agency/ Name | Description | Address | Number |
|--------------------------|---|----------------------|--------------|
| Structured Learning | Serves SKPS students that have been expelled from middle or high school | 3620 State St | 503-399-5550 |
| Downtown Learning Center | SKPS GED Services | 360 Commercial St NE | 503-399-3421 |
| Teen Parent Program | SKPS alternative education for young parents | 4071 Winema Place | 503-365-4800 |

EMERGENCY FINANCIAL ASSISTANCE PROGRAMS

| Agency/ Name | Description | Address | Number |
|------------------------------|---|---|--------------|
| NWHS Crisis and Info Hotline | Assistance to prevent evictions & disconnection of utilities for Salem residents. Must have disconnect notice or 72-hour notice. Call for eligibility info. | | 503-581-5535 |
| Congregations Helping People | Assistance with rent & utilities. Hours are M-F from 9am-2pm | First United Methodist Church 600 State St | 503-391-4365 |
| Salvation Army | Assistance for those within Marion and Polk Counties. Please call for more info | 1977 Front St. NE | 503-585-6688 |
| St. Vincent de Paul | Financial assistance for residents of Marion County. | 3745 Portland Rd. NE | 503-364-5672 |

EMPLOYMENT SERVICES

| Agency/ Name | Description | Address | Number |
|-------------------------|---|-----------------------------|--------------|
| Work Source of Oregon | Employment Dept | 605 Cottage St NE | 503-378-4846 |
| Goodwill Job Connection | Employment Services, Free Skills Training | 3535 Lancaster Dr NE | 503-798-9103 |
| | | 585 Edgewater St NW | 503-831-7997 |
| DePaul Industries | Staffing Agency | 4660 Portland Rd NE Ste 108 | 503-856-9563 |

| EMERGENCY FOOD ASSISTANCE, FOOD BOXES & MEAL SITES | | | |
|--|---|---|--|
| Agency/ Name | Description | Address | Number |
| Meal Sites | | | |
| Marion-Polk Food Share | Online directory of food pantries and meal sites in Marion and Polk Counties | | www.marionpolkfoodshare.org |
| Emergency Food Boxes 2-day emergency food boxes | | | |
| NWHS Crisis & Info Hotline | Call for availability | 694 Church St NE | 503-581-5535 |
| Salem House of Prayer | Call for availability | 248 Liberty St NE | 503-589-9176 |
| Local DHS offices also have Emergency Food Boxes (See Social Services) | | | |
| Food Assistance Programs | | | |
| Willamette Valley Food Assistance Program | Membership-based. Weekly shopping of food/product for minimal monthly cost. | 888 Monmouth Cutoff Rd., Building E, Monmouth | 503-831-5634 |
| Hope Station Community Services | Membership-based. Bi-weekly shopping of food/product for minimal monthly cost and 2 hour volunteer commitment | 1337 Madison St NE. Ste 115 | 503-339-7710 |

| GRIEF & HOSPICE | | | |
|-----------------------------|---|---|---------------------------|
| Agency/ Name | Description | Address | Number |
| Compassionate Friends | Support for families that have lost a child, of any age | Salem Hospital Building D- 3 rd Tuesday at 6:30 PM | 503-743-3930 |
| Willamette Valley Hospice | Contact the bereavement department for current groups | 1015 3 rd St NW | 503-588-3600 |
| Suicide Bereavement Support | Support group for those impacted by a suicide death. | 1233 Edgewater St NW | 503-200-0382 or sbsnw.org |

| HEALTH & MEDICAL | | | |
|------------------------------------|---|-----------------------|----------------|
| Agency/ Name | Description | Address | Number |
| Dental Accepts OHP | | | |
| Capitol Dental Care | Local administrator of OHP covered dental services. Contact for questions regarding services. | | 1-800-525-6800 |
| Dental Accepts OHP | | | |
| Dental Urgent Care Center | | 1880 Lancaster Dr. NE | 503-587-9949 |
| NWHS West Salem Dental Clinic | | 190 Kingwood Ave NW | 503-315-0712 |
| Insurance | | | |
| Oregon Health Plan | | | 1-800-699-9075 |
| Willamette Valley Community Health | CCO for Marion/Polk OHP | | 503-584-2150 |

| Public Health Departments | | | |
|-----------------------------------|---|---------------------------------------|----------------|
| Marion County Public Health Dept. | Immunizations and reproductive health | 3180 Center St NE | 503-588-5351 |
| Polk County Health Department | Immunizations and reproductive health | 182 SW Academy Suite 302, Dallas | 503-623-8175 |
| | | 1495 Edgewater St NW, Salem, OR 97304 | 503-585-3012 |
| Clinics | | | |
| West Salem Clinic | Insured/ Uninsured; Sliding Scale Fee | 1233 Edgewater NW | 503-378-7526 |
| Salem Free Medical Clinic | | 1300 Broadway St Ne Suite #104 | 503-990-8772 |
| AIDS/HIV/STI's | | | |
| Marion County Health Department | Counseling/Testing for HIV and STI's | | 503-588-5357 |
| Birth Control Pregnancy | | | |
| Salem Women's Clinic | OB-GYN. Accepts OHP | 1395 Liberty St. NE | 503-399-2444 |
| Planned Parenthood | Sexual Health Exams, Birth Control ,Pregnancy Testing | 3825 Wolverine St NE | 1-888-875-7820 |

| HOMELESS SERVICES | | | |
|-----------------------------------|--|-------------------------|--------------|
| Agency/ Name | Description | Address | Number |
| Homeless Day Services & Centers | | | |
| HOAP | Mail ,lunch, laundry, showers, clothing; peer support, case management, housing assessments, access to health and medical services. Women only hours on Mon & Thur 9am-11am. | 694 Church St NE | 503-588-5827 |
| ARCHES Project | Mail Service. Bagged lunches. Referrals. Under renovation as of 5-15-2018. Call for more info about services. | 615 Commercial St. NE | 503-399-9080 |
| Adult Emergency Shelter | | | |
| Salvation Army Lighthouse Shelter | Overnight shelter for eligible men and women. Daily intakes between 1pm-3pm. Once approved you can stay up to 90 days | 1977 Front Street | 503-585-6688 |
| Union Gospel Mission (UGM) | Emergency Shelter/transitional programs for men | 345 Commercial St NE | 503-362-3983 |
| Simonka Place Shelter (UGM) | Emergency Shelter/transitional programs for women and children (No boys over the age of 12) | 5119 River Rd N, Keizer | 503-362-7487 |

Family Shelter/Transitional Housing Programs

| | | | |
|---|---|------------------------------|--------------|
| Family Promise of the Mid-Willamette Valley (Formerly Salem Interfaith Hospitality Network) | Temporary housing for homeless families. Case Management and family support services are available. | 1055 Edgewater St. NW | 503-370-9752 |
| St. Francis | 20 shelter and low-income housing units, provide housing and case management | 1820 Berry St SE | 503-588-0428 |
| St. Joseph | Temporary housing for homeless families in rural Marion county | 925 South Main St., Mt Angel | 503-845-6147 |
| Women of the Well-Grace House | Transitional housing for women without children | 1243 Peace St SE | 971-600-3627 |

Youth Emergency Shelter

| | | | |
|-------------------|---|---------------------|--------------|
| NWHS HOST Program | Emergency Overnight Shelter for youth 18-24 | 1143 Liberty St. NE | 503-588-5825 |
|-------------------|---|---------------------|--------------|

See Also: YOUTH SERVICES for youth-oriented homeless day services

HOUSING ASSISTANCE

| Agency/ Name | Description | Address | Number |
|---------------------------------|-------------|-----------------------|--------------|
| Marion County Housing Authority | | 2645 Portland Rd NE | 503-798-4170 |
| City of Salem Housing Authority | | 360 Church St SE | 503-588-6368 |
| West Valley Housing Authority | | 204 SW Walnut, Dallas | 503-623-8387 |

See Also: Emergency Financial Assistance Programs for rent payment assistance.

LEGAL

| Agency/ Name | Description | Address | Number |
|------------------------------|--|---|--------------|
| Fair Housing Counsel | Relief for victims of illegal housing discrimination | 1221 SW Yamhill St #305 Portland, OR 97205 | 503-223-8197 |
| Marion County Court Care | Free childcare so that parents can attend to court related business. Mon-Thur from 8:00 AM-5:15 PM | Salem Family YMCA- 685 Court St NE | |
| Legal Aid Services of Oregon | Offers assistance with family law, housing law, public benefits, and senior issues. | 105 High Street SE | 503-581-5265 |
| Oregon Law Center | Offers assistance with housing, employment discrimination, and immigration matters | 494 State Street, Suite 410 | 503-485-0696 |

| PRESCRIPTION PAYMENT ASSISTANCE | | | |
|---------------------------------|---|---------|--------------|
| Agency/ Name | Description | Address | Number |
| NWHS Crisis and Info Hotline | Emergency prescription payment assistance. Call for eligibility requirements. | | 503-581-5535 |
| Prescription Assistance | www.needymeds.com www.rxhope.com | | |

| SIGHT & HEARING PROGRAMS | | | |
|--------------------------|---|---------|--|
| Agency/ Name | Description | Address | Number |
| Oregon Lions Club | Assistance with prescription eyeglasses and hearing aids. | | 971-270-0203 or lionsclubreferrals@olshf.org |
| St. Vincent De Paul | Prescription Glasses assistance | | 503-362-3210 |

| SOCIAL SERVICES | | | |
|--|----------------|---|-----------------------------------|
| Agency/ Name | Description | Address | Number |
| Department of Human Services | | | |
| Salem Branch | | 3420 Cherry Ave, Ste 110, Salem 97303 | 503-373-0808 Fax: 503-378-4185 |
| North Salem Branch | | 4074 Winema PI NE, Ste 100, Salem, OR 97305 | 503-378-2731 Fax: 503-378-5095 |
| South Salem Branch | | 1185 22nd St SE, Salem, OR 97302 | 503-378-6327 Fax: 503-378-3700 |
| Oregon Health Plan | | | 1-800-273-0557 |
| SNAP Food Benefit Hotline | | 500 Summer St NE #E15 | 1-888-997-4447 |
| SNAP Card Replacement Line | | | 1-855-328-6715 |
| Northwest Senior & Disability Services | | | 1-866-206-4799 |
| Aging and Disability Resource Connection | ADRC of Oregon | | 1-855-673-2372 |

| TRANSPORTATION | | | |
|----------------|---|-----------------|--|
| Agency/ Name | Description | Address | Number |
| Logisticare | WVCH covered transportation services to medical appointments | | 1-844-544-1397 |
| Cherriots | | 555 Court St NE | Rider Info: 503-588-2877 |
| Cherrylift | Bus transit for persons with disabilities. Must complete application for eligibility. Rides must be scheduled 24 hours in advance. | | 503-361-7554 www.cherriots.org/en/lift |
| Shop and Ride | Services for seniors 60 and over, and persons with disabilities. Routes pick you up and take you to designated store locations. Also dial-a-ride services | | 503-315-5544 cherriots.org/en/shopandride |

| TRANSPORTATION | | | |
|--------------------|---|--------------------|--|
| Agency/ Name | Description | Address | Number |
| Polk County Flex | Serves Dallas, Monmouth, Independence. Must be scheduled 24 hours in advance. | | 503-315-5544 cherriots.org/en/pcf |
| Ride Share Program | Information about carpooling, van share, bicycling and walking route info. | 555 Liberty St. SE | 503-371-7665 |

| UTILITIES/UTILITIES PAYMENT/ENERGY ASSISTANCE | | | |
|---|---|---|-----------------------------------|
| Agency/ Name | Description | Address | Number |
| Utility Companies | | | |
| NW Natural Gas | Call to inquire about bill-payment assistance | | 503-585-6611 |
| PGE | Payment plans or medical certificates are available | | Customer Service: 503-228-6322 |
| Salem Electric | W Salem/Keizer utility company. Offers internal payment assistance program for qualified applicants | 633 7th St NW | 503-362-3601 |
| City of Salem Utility Services | City of Salem water services. Offers information on payment assistance as well as a wastewater rate assistance program. | | 503-588-6099 |
| To apply for assistance with utility payment: Contact individual programs for eligibility and service areas. | | | |
| Mid-Valley Community Action Agency- Low Income Home Energy Assistance Program | Natural gas, electric, and fuel assistance for eligible households. Marion and some Polk County. | 1850 45th Ave NE East Salem Community Center | 503-588-9016 |
| Lifeline Service | State program offering information about free and discounted phone and broadband services | | 1-800-848-4442 |

| VETERANS | | | |
|--|---|---------------------------------|--------------|
| Agency/ Name | Description | Address | Number |
| Salem Area Veterans Services Office | Help with connections to state and federal benefits. Walk-ins welcome Wednesdays from 8:30-11:30 am | 700 Summer St NE | 503-373-2085 |
| Salem Vet Center | Counseling, outreach, and referral services to Veterans and their families. | 2645 Portland Rd. Ste 250 | 503-362-9911 |
| VA Portland Health Care System: Salem | Primary Care and Mental Health | 1750 McGilchrist Se SE, Ste 130 | 971-304-2200 |
| Oregon Employment Department- Veteran Services | | 875 Union St NE, Salem | 800-237-3710 |
| Homeless Veteran Programs | | | |
| Easter Seals Homeless Veteran Reintegration | Help homeless veterans in their efforts to return to work. | 605 Cottage St | 971-283-4973 |

Homeless Veteran Programs

| | | | |
|--|---|----------------------|--------------|
| ARCHES- Supportive Services for Veteran Families | Services for low-income veterans experiencing or at-risk of becoming homeless | 615 Commercial St NE | 503-399-9080 |
|--|---|----------------------|--------------|

YOUTH SERVICES

| Agency/ Name | Description | Address | Number |
|------------------|---|---------|----------------------------|
| Oregon Youthline | Free, confidential teen-to-teen crisis and help line. | | 1-877-968-8491 |
| | | | Text "teen2teen" to 839863 |

Youth Social Activities

| | | | |
|------------------------------|--------------------------|-------------------|----------------|
| Youth ERA: Salem Drop Center | Monday-Friday 3pm to 6pm | 246 State St. | (458) 210-8641 |
| Boys and Girls Club | | 1395 Summer St NE | 503-581-7383 |
| YMCA | | 685 Court St NE | 503-581-9622 |

Homeless Youth Services

| | | | |
|--------------------------------------|--|--------------------|--------------|
| HOME Resource and Teen Center | Open 11am-7pm, Lunch, dinner; clothes once a month, must attend school | 625 Union St NE | 503-391-6428 |
| NWHS HOST Program | Evening Center ages 16-24 Sun & Sat 8pm-10pm; Overnight Shelter ages 18-24 10pm-8am; Day Center M-F 9am-2pm ages 16-24 | 1143 Liberty St NE | 503-588-5825 |